

# Summer Fun and Learning 2009

Compiled by the PSD Special Education Advisory Committee



## **City of Fort Collins Recreation Opportunities**

The City of Fort Collins offers a wide variety of classes for students throughout the summer. You can see classes being offered this summer online at [www.fcgov.com](http://www.fcgov.com) or pick up a copy of The Recreator from the Recreation Office located in the Northside-Aztlan Community Center, 112 Willow St.

The *Calendar of Events* on this web-site list many of the fun events planned for the summer. Family Fun Night, Outdoor Movie Nights and much more...

The **Fort Collins Recreation Department** offers a super pass for youth ages 2-17. This pass includes EPIC, Senior Center, Mulberry Pool, Northside Aztlan Community Center and The Farm. Ten passes for \$26 or 25 passes for \$65. The city also offers reduced fees for families that qualify. You can find an application online or at the Recreation Office, 112 East Willow. Call the **ARO (Adaptive Recreation Opportunities)** for help if your child needs specialized programming. A Therapeutic Recreation Specialist will help to determine the most effective means of support for people to participate in any program offering. (970) 224-6027



**Local Swimming pools** offer a chance to get some exercise and hang out with friends. Mulberry Pool is at 424 West Mulberry (221-665); EPIC is at 1801 Riverside Ave (221-6665); and City Park Pool will open again Memorial Day weekend.



**The Farm at Lee Martinez Park** offers exposure to farm animals and history to kids of all ages as well as volunteer opportunities for students over 13 years of age.



**Fort Collins Museum** is both inexpensive and fascinating. The museum also has a wide range of summer programs for school age children. Visit [www.fcgov.com/museum/summer-programs.php](http://www.fcgov.com/museum/summer-programs.php) for information on summer programs or call (970) 221-6738.



**Fort Collins Libraries** -Visit the libraries website and sign up for email announcements on current programs and events [www.poudrelibraries.org](http://www.poudrelibraries.org)  
Kids who have finished grade 5, 6, 7, or 8 can be a library pal as part of the 2009 Summer Reading Program. Applications will be available and accepted at Main, Harmony, and Council Tree Libraries now through May 14, 2009.

If accepted, they'll receive training and then work one two-hour shift a week during June and July, helping with all sorts of library tasks-straightening shelves, washing books, listening to younger kids read, suiting up as the library mascot, and much more. Since a limited number of positions are available, the sooner an application is turned in, the better the chances for placement. For more information, phone (970) 221-6680.

**Summer Reading Program** information will be available in May. Please visit your local library for more information or visit [www.poudrelibraries.org](http://www.poudrelibraries.org).

**TEENS: Join the IRS Teen Advisory Group at the Library!**

The Interesting Reader Society is a special group of young adults in grades 7-12 who meet monthly to talk mainly about books and also about movies, music, and other topics of interest to teens. Check it out at <http://library.fcgov.com/teen/irs.cfm>. For more information, call either of the Teen Librarians: Sue-Ellen Jones at (970) 221-6380 or Diane Tuccillo at (970) 204-8206; or come to the next IRS meeting. Also, check out the **Teen Lounge** section of the Poudre Libraries website. Online magazines, hot reads, blog connections, booklists and cool links for teens.



**Animal Afternoon**-On the first Sunday of the month at the Main Library, or on the fourth Sunday of the month at the Harmony Library, join Amy Fristoe and volunteers from the Larimer Animal People Partnership (LAPP) at 3 p.m. You'll find some great books selected for the habitat of the month, and meet friendly animals who love to listen to kids reading aloud. Animal Afternoon is 40 to 60 minutes long and is for school-aged children. For more information call (970) 221-6680.



**Gardens on Spring Creek** - Summer Camps for ages 6- 11.

For more information call (970) 416-2486 or visit [www.fcgov.com/horticulture](http://www.fcgov.com/horticulture)

**Loveland Youth Gardeners** - Green Adventures: summer camps for children 8-12 years old. (970) 669-7182 or visit [www.lovelandyouthgardeners.org/youthprograms](http://www.lovelandyouthgardeners.org/youthprograms) for more information.



**Hearts and Horses**-Promoting the physical, cognitive, emotional and social well being of people with special needs through equine assisted therapy. For information on summer programs visit [www.heartsandhorses.org](http://www.heartsandhorses.org) or call (970) 663-4200.



**Base Camp**-Summer day camp for school age children. Johnson Elementary School will be hosting Base camp this summer. Call (970) 266-1734 for more information.



**Museum of Contemporary Art (MOCA)**-Summer Children's Art Program. <http://fcmoca.org> or call (970)482-2787. Check out their calendar for family free days at the museum.



**La De Da** is a performing arts school for young people focusing on musical theater (acting and singing) for actors along the Front Range. Visit [www.ladedacolorado.com](http://www.ladedacolorado.com) for a list of summer classes for students in the 3<sup>rd</sup>-9<sup>th</sup> grade or call (970) 412-4413. Financial aid available.



**Colorado State University Sports Camps**- Promoting physical activity, healthy lifestyles and challenging each child to improve his or her own level of performance. Baseball, basketball, field sports, in-line hockey, music movement, soccer, softball and volleyball. For camp dates visit [www.colostate.edu/communityprograms/ysc](http://www.colostate.edu/communityprograms/ysc) or call (970) 491-6318.



**Biking and Hiking** - In and around Fort Collins are many hiking and biking trails. Maps are available through the City of Fort Collins. Lory State Park, just northwest of Fort Collins, offers 20 miles of hiking and biking trails.



**Thursday Nights** at Civic Center Park - free concerts starting July 9 from 6-8pm running through August 13.



**Noontime Notes Concert Series**- Tuesdays at the Oak Street Plaza in Old Town starting the 1<sup>st</sup> Tuesday in June and running through the 2<sup>nd</sup> Tuesday in August. 11:30 - 1 pm.



**4-H Programs** - You don't have to live on a farm or have animals to become a member. If you're interested in learning, making new friends and having fun, 4-H may be for you. Contact the Larimer County Extension Office to find out more about 4-H and how to get involved. (970) 498-6000.

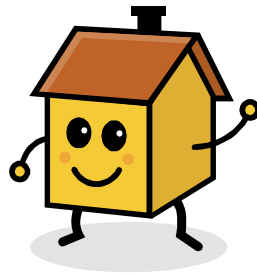


**Whole Foods** - Cooking classes and other fun events offered throughout the summer. Pick up a list of events at the store or visit [www.wholefoodsmarket.com](http://www.wholefoodsmarket.com) for the store calendar.



**Transfort Bus Trips** - are free for students under 18 years and provide an opportunity to improve map reading skills, time concepts and familiarity with our city. Maps can be obtained at local grocery stores and libraries or call (970) 221-6620 for information.

## Educational Activities at Home



Ideas from PSD Occupational Therapists

- ☀ Have your child help you create a grocery list, then shop with you. Let them locate the items. Have them pay for your smaller lists with cash. If counting change is hard for them, they can pay the next dollar up.
- ☀ Preparing simple snacks with your supervision for the stove and microwave use will give your child an opportunity to learn about nutrition, kitchen safety, and measuring.
- ☀ Helping you with laundry is another great activity to strengthen life skills. Your child can learn to sort by color, use the correct water temperature and fold towels and clothes.
- ☀ Have your child help with house hold chores; vacuuming, yard work, mopping, or cleaning bathrooms to name a few. This will improve work ethic and skills needed for independent living.
- ☀ Have your child continue to set their alarm clock. The time may be later than is was for school days, but this will keep the routine of waking with the clock and improve awareness of time concepts.
- ☀ Take your child out to a fast food restaurant. Let them order and pay for their own meal.
- ☀ Have them make arrangements with friends on the phone, or look up a phone number to a movie theater in the yellow pages.
- ☀ Encourage them to write, type or email a letter to relatives. Math, spelling and typing software can be found at Best Buy, Wal-mart and other computer stores.

☀ Have your child make "I want to see you over the summer" business cards with his/her contact information to give to friends.

## Colorado Camps



Find a guide to 850 camps in Colorado at [www.coloradosummertcampguide.com](http://www.coloradosummertcampguide.com)

**Lions Club Camps**-Woodland Park, Colorado. Week long camps for students ages 8 - adult. These camps are specialized for individuals with visual, hearing or multiple impairments and developmental delays. To see their summer schedule please visit [www.coloradolionscamp.org](http://www.coloradolionscamp.org).

**Adams Camp** - a Colorado-based nonprofit organization created to provide a variety of intensive, personalized and integrated therapeutic programs for children with special needs and their families as well as recreational programs for youth and young adults with moderate developmental disabilities. Adventure Camps offer youth and young adults with moderate disabilities a sleep-over camp experience - away from parents. The goal is to have fun in the mountains while learning to be independent and to enjoy social activities. Visit [www.adamscamp.org](http://www.adamscamp.org) for a schedule of summer programs.

**Easter Seals Camps** - Rocky Mountain Village in Empire Colorado is regarded as one of the top Easter Seals camps in the country. Rocky Mountain Village is fully accessible and used by more than 800 children and adults with disabilities during the summer camp sessions. For the 2009 camp schedule please visit [www.eastersealscolorado.org](http://www.eastersealscolorado.org) or call Susan Lange (303) 569-2333 ext. 301.